



You Are Inspired: An Intuitive Guide to Life with Meaning & Purpose (You are . . .)

BelindaGrace

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A guide to finding and expressing one's authentic self, and living life with joy, inspiration, meaning, and purpose

On all corners of the planet, people are yearning to find what is missing from their lives. Filled with inspiring true stories and easy to follow exercises, this guide gently takes readers on a journey of self discovery to the world of their own personal gifts and sense of meaning. Twenty new practical exercises are provided, which are based around intuition and clairvoyance. They include tapping into childhood dreams, connecting with the intuitive mind to find true self and inspiration, recognizing and trusting intuitive guidance, understanding who you really are, and manifesting your heart's desires.

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