



Let Love In: Open Your Heart and Mind to Attract Your Ideal Partner

Debra Berndt

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A simple system to change your dating destiny—and it really works!

Love starts within you and flows out into the world, not the other way around. This book helps you remove blocks to allow true love into your life. You will attract the right life partner and improve your relationships through a simple three-step plan that uses self-hypnosis to get your mind in the right place for love. First, you'll learn to let go of disempowering beliefs in your subconscious mind. In step two, you'll overcome emotional and behavioral barriers and allow space for true romance. Finally, you'll discover how to integrate your new vision of yourself into your life to attract a happy relationship.

- Shows how to use self-hypnosis to get yourself and your life ready for love
- Offers an easy-to-follow action plan to clear out old baggage, boost self-confidence, and allow space for romance
- Includes exercises to help you uncover and let go of disempowering beliefs and insecurities

Written by a certified clinical hypnotherapist and dating expert who has been interviewed by Match.com, MSN, Lavalife, ABC News, Playboy Radio, and ExpertVillage.com *Let Love In* will create permanent positive changes to your self-confidence that will not only attract Mr. Right but will affect virtually every area of your life as well.

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