



Gatekeeper: The Fighting Life of Gary "Big Daddy" Goodridge

Gary Goodridge, Mark Dorsey

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The biography of a pioneer in the mixed martial arts (MMA) scene, this work takes readers through Gary "Big Daddy" Goodridge's entire career—from his roller-coaster formative years and his emergence as a world champion athlete to his role as a loving father struggling to find work. With humble beginnings in a small town in Canada, Goodridge endured bullying as a child and honed his natural strength, athleticism, work ethic, and charisma while fighting on the streets and as a bouncer in clubs. Eventually learning to channel his rage into more productive outlets, Goodridge soon became a world-champion arm wrestler, a boxing champion, a lethal Ultimate Fighting Championship contender, and a renowned MMA warrior. Filled with stories about backstage fights, steroid use, and fixed fights, this tell-all is a must-read for fight fans the world over.



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