



Prayers and devotions for the spiritual journey

Beppe Amico (curator)

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This book is completely dedicated to prayer: a passionate job and a meticulous research that Beppe Amico – a catholic essayist writer – put in to realize it. As for Wikipedia, prayer is: “an invocation or act that seeks to activate a rapport with a deity, an object of worship, or a spiritual entity through deliberate communication. Prayer can be a form of religious practice, may be either individual or communal and take place in public or in private. It may involve the use of words or song. When language is used, prayer may take the form of a hymn, incantation, formal creed, or a spontaneous utterance in the praying person. There are different forms of prayer such as petitionary prayer, prayers of supplication, thanksgiving, and worship/praise. Prayer may be directed towards a deity, spirit, deceased person, or lofty idea, for the purpose of worshipping, requesting guidance, requesting assistance, confessing sins or to express one's thoughts and emotions. Thus, people pray for many reasons such as personal benefit or for the sake of others. Most major religions involve prayer in one way or another.”.

In this new orations book there are several prayers together with an ample historiography put together by the curator, who quotes passages from Holy Scriptures, the Saint's thoughts about praying, spiritual aphorisms, notes and ascetic samples to contextualize every devotion in its own part.

The ascetics agree upon affirming that the true prayer comes from the heart and it's the one that “moves” God. It establish a bridge between life and afterlife, allows to communicate with Him in many ways, up to the mystical marriage.

Again from Wikipedia: “As for catholic tradition, when we pray we are completely aware that we are elevating to God”, so we are choosing to communicate and share on purpose our problems, our grief, our joy, our sorrow, our success, our fails with the Almighty.

Beppe Amico ends the book premise with a thought: “In this book I collected the most widespread and well-known prayers of Catholic tradition. Those are the same I have been using for years and I still use in my own moments of spiritual meditation. Some of them are so beautiful and full of meanings to be real gems, able to let us raise and go on in our own path to reach perfection.

Also available in printed version at the link:

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