



Cuentos para pensar (Spanish Edition)

Jorge Bucay

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El maestro sufi contaba siempre una parábola al finalizar cada clase, pero los alumnos no siempre entendían el sentido de la misma...

—Maestro —lo encaró uno de ellos una tarde-, tú nos cuentas los cuentos pero no nos explicas su significado...

—Pido perdón por eso —se disculpó el maestro—. Permíteme que en señal de reparación te convide con un rico durazno.

—Gracias, maestro —respondió halagado el discípulo.

—Quisiera, para agasajarte, pelarte el durazno yo mismo. ¿Me permites?

—Sí, muchas gracias —dijo el alumno.

—¿Te gustaría que, ya que tengo en mi mano el cuchillo, te lo corte en trozos para que te sea más cómodo?

—Me encantaría... pero no quisiera abusar de su hospitalidad, maestro...

—No es un abuso si yo te lo ofrezco. Sólo deseo complacerte... Permíteme también que lo mastique antes de dártelo.

—No, maestro, ¡no me gustaría que hiciera eso! —se quejó sorprendido el discípulo.

El maestro hizo una pausa y dijo:

— Si yo les explicara el sentido de cada cuento... sería como darles de comer una fruta masticada.

De la sabiduría sufi

Jorge Bucay (Buenos Aires, 1949) es médico y psicoterapeuta gestáltico. Traslada en cada libro su experiencia terapéutica, manteniendo como clave un gran sentido del humor. Sus narraciones le permiten a sus pacientes entender mejor sus problemas, sin escatimar recursos simbólicos a la hora de ilustrar conceptos. Autor de *Cartas para Claudia* (1989), *Recuentos para Demián* (1994), *Cuentos para pensar* (1997), *De la autoestima al egoísmo* (1999) y *Amarse con los ojos abiertos* (2000), es autor también de los cuatro libros que constituyen la serie *Hojas de Ruta*, publicados entre 2000 y 2002: *El camino de la autodependencia*, *El camino del encuentro*, *El camino de las lágrimas* y *El camino de la felicidad*. Los libros del Dr. Bucay son best-séllers en México, Uruguay, Chile, Costa Rica, Venezuela, Puerto Rico y España, y han sido traducidos para su publicación en Estados Unidos, Inglaterra, Corea, Hungría y Brasil, entre otros.

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