



# **The Complete Eldercare Planner, Second Edition: Where to Start, Which Questions to Ask, and How to Find Help**

*Joy Loverde*

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"Am I doing the right thing?" "I work full-time -- how can I be in two places at once?" "Who's going to pay for Mom's home care?" "How do I bring up sensitive subjects like their money, moving, and not driving?" "Do we need long-term-care insurance?" "Wait! Do I really want Dad to move in?" "Where do my parents keep their legal documents?" "Do they have a will?" Caring for elderly loved ones can be a full-time job--on top of regular work and family responsibilities. How can you cope?

The answer is Joy Loverde's *The Complete Eldercare Planner*, now fully revised and updated with the latest information to help you plan ahead and manage real-life eldercare crises. Everything you need is on these pages, with essential checklists, practical communication tips, free and low-cost resources, web-sites, step-by-step action plans, questions to ask the professionals, record-keeping forms, and The Documents Locator,™ which helps you to always have access to critical paperwork. Here's a sample of what you'll find inside:

EFFECTIVE PLANNING: Where to start -- Getting caught off-guard

COMMUNICARING: Opening up the dialogue -- Turning conflict into cooperation -- Getting everyone in the family to pitch in

CAREGIVERS: How to tell when your elder needs help -- Sharing the care -- Avoiding burnout

EMERGENCY PREPAREDNESS: Managing medications -- Coping with hospitalization

MONEY MATTERS: The cost of long-term care -- Ready cash

LEGAL MATTERS: Estate planning -- Elder advocacy

INSURANCE: Getting the coverage you need -- Beyond Medicare

HOUSING: Home suite home -- When Mom or Dad moves in

SAFE AND SECURE: Minimizing distress over distance -- Accident-proofing the home

TRANSPORTATION: When it is no longer safe to drive -- Alternative transportation

HEALTH AND WELLNESS: Taking charge of health -- Communicating with the doctor

DEATH AND DYING: End-of-life issues -- Saying good-bye

QUALITY OF LIFE: Aging with disability -- Family power

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