



# Take Five: Meditations with Pope Benedict XVI

*Mike Aquilina, Fr. Kris D. Stubna*

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"God speaks quietly...But He gives us all kinds of signs...through a friend, through a book, or through what we see as a failure even through accidents. If I remain alert, I begin to feel how God is guiding me." -- Pope Benedict XVI

Discover Pope Benedict's wise and visionary perspective as a guide for your own daily spirituality. Find clarity, direction, and inspiration with five brief minutes of quiet reflection as if led by Pope Benedict himself.

Each topic begins with a simple excerpt from Pope Benedict's writings or teachings, followed by these helpful prompts for thoughtful meditation:

THINK ABOUT IT -- Points that serve as a springboard for prayerful consideration of each meditation topic.

JUST IMAGINE -- Brings to life a scene from the Scriptures, tying it to the issue at hand.

REMEMBER -- A simple memorization passage to help you work through the meditation topic.

Let the Holy Father help you hear God's voice in everything you do!



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