



# Hypnotic Suggestion: Its Role in Psychoneurotic and Psychosomatic Disorders

*S. J. Van Pelt*

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## **Hypnotic Suggestion: Its Role in Psychoneurotic and Psychosomatic Disorders** S. J. Van Pelt

Hypnotic Suggestion: Its Role in Psychoneurotic and Psychosomatic Disorders outlines the theories and methods of treatment by hypnotic suggestion, emphasizing its role in the etiology and treatment of psychoneuroses and psychosomatic disorders.

This book is organized into three parts. Part 1 begins with a preliminary introduction to hypnotic suggestion, followed by a discussion of the historical outline of hypnotism, nature of the hypnotic state, incidence of susceptibility to hypnosis, and methods of inducing hypnosis. The etiology and mechanism of the psychoneuroses and role of hypnotic suggestion in its treatment are covered in Part 2. Case histories that involve hypnotic treatment to disorders, such as neurasthenia, anxiety neurosis, reactive depression, insomnia, alcoholism, and impotence are also described. Part 3 provides the general summary of Parts 1 and 2.

This publication is intended for psychotherapists and medical practitioners conducting work on the hypnotic treatments for psychoneuroses and psychosomatic disorders.

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