



**Things Will Get as Good as You Can Stand: (. . .  
When you learn that it is better to receive than to  
give) The Superwoman's Practical Guide to  
Getting as Much as She Gives**

*Laura Doyle*

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# Things Will Get as Good as You Can Stand: (. . . When you learn that it is better to receive than to give) The Superwoman's Practical Guide to Getting as Much as She Gives

Laura Doyle

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**Why do the things you want elude you?**

Intimacy. Validation. Romance. Nice things. *More time*. Most women wish for these every day.

In *Things Will Get as Good as You Can Stand*, bestselling author Laura Doyle says that all of these things are available to us, but receiving them makes women feel uncomfortable. We turn away praise at work, help with the house, an expression of admiration so that we appear to be in control. The result is a Superwoman Syndrome: we are overworked and exhausted -- and we feel alone.

In *Things Will Get as Good as You Can Stand*, Doyle provides steps for overcoming the Superwoman Syndrome and explains why:

1. If you act like you don't deserve something, everyone else will agree
2. Saying what you want makes you more beautiful
3. Grateful women have better romantic relationships
4. You should let a man support you
5. You have to be vulnerable to get emotional help

With her trademark practical approach, Doyle explains why it is "better to receive than to give." She guides you to accepting what you are offered with ease and kindness, which is the expressway to having what you want.

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**Troy Munoz:**

Spent a free time for you to be fun activity to complete! A lot of people spent their free time with their family, or their friends. Usually they undertaking activity like watching television, about to beach, or picnic inside park. They actually doing same every week. Do you feel it? Do you need to something different to fill your personal free time/ holiday? May be reading a book could be option to fill your cost-free time/ holiday. The first thing that you'll ask may be what kinds of publication that you should read. If you want to test look for book, may be the reserve untitled Things Will Get as Good as You Can Stand: (. . . When you learn that it is better to receive than to give) The Superwoman's Practical Guide to Getting as Much as She Gives can be good book to read. May be it might be best activity to you.

**Daniel Grinder:**

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