



The Art of Aging: Celebrating the Authentic Aging Self

Alice and Richard Matzkin

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The Art of Aging: Celebrating the Authentic Aging Self Alice and Richard Matzkin

In this beautiful book, painter Alice Matzkin and sculptor Richard Matzkin, a husband and wife team, explore the experience of aging through their art, finding inspiration rather than despair. Both in their sixties, they use their paintings and sculptures and personal narrative to examine aspects of growing older—the progression of physical changes, sensuality and relationships, aging parents, spirituality, and death. They feature well-known people such as feminist Betty Friedan and potter Beatrice Wood, as well as friends, neighbors, relatives, and themselves. They both explore the older nude body in some of their work.



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