



# Death Punch'd: Surviving Five Finger Death Punch's Metal Mayhem

*Jeremy Spencer*

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From the cofounder of Five Finger Death Punch, a fascinating inside account of one of the most successful heavy-metal bands of the past decade, and a revealing personal journey through the wild highs and terrifying lows of the rock and roll lifestyle—a wry and rollicking tale of music, addiction, and recovery.

Hailed by the *New York Times* as one of the most unexpectedly consistently popular bands on the rock charts, Five Finger Death Punch has become the new heavyweight champ of the metal scene. In this high-energy memoir, Jeremy Spencer, the band's cofounder and drummer, takes us onstage and behind the scenes, on tour and into the studio to tell the band's story and his own.

*Death Punch'd* is a detailed in-depth account of the group's origins and influences, as well as the infighting and tensions that, when channeled properly, result in the music fans love. It is also the hard-charging, laugh-out-loud tale of how a mischievous boy rose from small-town Indiana to rock royalty—and how he nearly destroyed it all for a good time.

Told in his unique, self-deprecating voice, filled with his twisted and humorous take on living the sex, drugs and rock 'n' roll dream turned nightmare, and including dozens of photos, *Death Punch'd* is a lively, no-holds-barred ride and an inspiring cautionary tale that offers lessons for us all.



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