



Chocolate for a Woman's Spirit: 77 Stories of Inspiration to Life Your Heart and Sooth Your Soul

Kay Allenbaugh

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Take A Chocolate Break!

Chocolate -- sweet, delectable, and rich -- is a feast for our senses and a treat for our souls. Now, indulge yourself in 77 brand-new "chocolate stories," from the creator of the national bestsellers *Chocolate for a Woman's Soul* and *Chocolate for a Woman's Heart*. Kay Allenbaugh has gathered together a luscious mix of real-life stories by and for women that will inspire, delight, and empower you. Savor the everyday experiences and momentous adventures of women who tap into their intuition, listen to life's wake-up calls, overcome old fears, and discover the courage to start over. Like you, they juggle the roles of worker, wife, sister, mother, and friend. And like you, they face life's challenges and rejoice in its blessings as only women can -- with a sense of wonder, a sense of humor, and a sense of spirit!



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