



Women's Health Psychology

Mary V. Spiers, Pamela A. Geller, Jacqueline D. Kloss

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Praise for *Women's Health Psychology*

"*Women's Health Psychology* provides an important overview and analysis of key issues affecting women's health and well-being ... almost every chapter in this volume touches on the importance of quality of life, not just longevity.... It will serve as a valuable reference for health and mental health providers, researchers, and those in training for professional or research careers."

—from the Foreword by **Nancy E. Adler, PhD, Professor of Psychiatry, University of California at San Francisco School of Medicine, Director of the Center for Health and Community**

Women's Health Psychology is the first comprehensive collection ever published to consider the developmental, reproductive, and sociocultural contexts of health decision-making and behavior for women. It provides current, expert advice to help policy makers, researchers, and clinicians make the best decisions concerning topics including:

- **The Context of Women's Health:** history of women's healthcare, employment and women's health, and the effects of intimate partner violence
- **Health Challenges:** smoking, alcohol, eating disorders, and sleep
- **Reproductive Health:** premenstrual dysphoric disorder, the stress of infertility, psychiatric symptoms and pregnancy, and menopause
- **Disability and Chronic Conditions:** women's responses to disability, experiencing cancer, the psychology of Irritable Bowel Syndrome, and rheumatic, heart, and Alzheimer's diseases

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