



The Self-Help Guide for Teens with Dyslexia: Useful Stuff You May Not Learn at School

Alais Winton

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As Alais Winton knows, having dyslexia doesn't mean you're not bright; like her, you might just need a different way of looking at things. In this book, she lets you in on the learning techniques which work for her, and which you may not be taught at school.

Offering solutions to common problems students with dyslexia face, Alais describes tried-and-tested techniques for succeeding with reading, spelling, memorising information and time management, and even a simple method to ensure you never misplace your learning tools (such as pencils and books) again. The strategies are ideal for use in the run-up to exams, helping you to become more organised, less stressed and better prepared.

This is a must-read pocket guide for students with dyslexia aged 11 to 18, and will also be a helpful source of ideas for teachers, SENCOs and parents of teens with dyslexia.



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