



# **Kitchen Garden Estate: Traditional Country-House Techniques for The Modern Gardener or Smallholder**

*Helene Gammack*

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**Peek behind the garden door at some of Britain's grandest estates to discover the traditional crafts of growing, cooking, and self-sufficiency from past masters**

From "growing your own" and cooking with herbs to harvesting honey and keeping chickens, Britain's great estates and country house gardens offer a wealth of inspiration to the modern gardener. From traditional walled kitchen gardens and their—sometimes surprising—fruit and vegetables to keeping bees, chickens, or even livestock, traditional methods and crafts have been in use since medieval times and have much to teach anyone who wishes to make their own outdoor space a model of self-sufficiency. Covering fruit and vegetables, herbs, orchards, beekeeping, fish ponds and lakes, dovecotes and poultry, dairy and the farmyard, the deer park and game, and hops and vineyards, there is something in this book for everyone, whether one has acres of land, an allotment, or even simply a windowsill for growing herbs. Includes dual measures.



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