



Let's Talk About Pep

Sandy Denton

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She's the spiciest ingredient in the legendary rap group Salt-N-Pepa, and the outspoken star of VH1's smash-hit reality show. She's Sandy "Pepa" Denton -- and she's never at a loss for words. Now, in her first tell-all book, Pepa talks about sex, music, life, love, fame, and so much more....

"Most of you know me as Pep, or Pepa, the fun-loving half of Salt-N-Pepa. I am the party girl, the one who is down for whatever. But behind the laughs and the smiles is a whole lot of pain."

Funny, fearless, and full of life, Sandy "Pepa" Denton is a pop culture icon whose remarkable story is every bit as captivating and provocative as her Grammy Award-winning music. This is the real Pepa -- upfront, uncensored, unstoppable -- and these are the memoirs of a true pioneer, fighter, survivor, and inspiration to women everywhere.

For the first time, Pepa talks about:

- Her troubled childhood
- Surviving abuse
- Her first encounters with Cheryl "Salt" James
- Salt-N-Pepa's instant success
- Her failed marriages and her escape from domestic abuse
- Her "breakup" with Salt and their eventual "reunion"
- Her triumphant comeback on the VH1 reality shows *The Surreal Life*, *Fame Games*, and *The Salt-N-Pepa Show*

Filled with surprising insights, outrageous anecdotes, and celebrity cameos -- including Queen Latifah, Martin Lawrence, Janice Dickinson, Omarosa, Missy Elliott, L.L. Cool J, supermodel Caprice, Ron Jeremy, Lisa "Left Eye" Lopez, "Spinderella," and many others -- *Let's Talk About Pep* offers a fascinating glimpse behind the fame, family, failures, and successes of celebrity...and into the faithful heart of a woman who will always value the good friends she found along the way. In the words of Sandy "Pepa" Denton, "there's no walking away from that."

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Melissa Gusman:

A lot of people always spent their particular free time to vacation as well as go to the outside with their household or their friend. Did you know? Many a lot of people spent their free time just watching TV, or maybe playing video games all day long. If you would like try to find a new activity honestly, that is look different you can read some sort of book. It is really fun for you. If you enjoy the book that you just read you can spend 24 hours a day to reading a guide. The book Let's Talk About Pep it is quite good to read. There are a lot of individuals who recommended this book. These folks were enjoying reading this book. If you did not have enough space to bring this book you can buy the particular e-book. You can more easily to read this book through your smart phone. The price is not very costly but this book possesses high quality.

Larry Cain:

The reason? Because this Let's Talk About Pep is an extraordinary book that the inside of the e-book waiting for you to snap the item but latter it will shock you with the secret the item inside. Reading this book alongside it was fantastic author who also write the book in such amazing way makes the content within easier to understand, entertaining way but still convey the meaning entirely. So, it is good for you for not hesitating having this nowadays or you going to regret it. This phenomenal book will give you a lot of rewards than the other book get such as help improving your proficiency and your critical thinking way. So, still want to hold off having that book? If I were being you I will go to the e-book store hurriedly.

Cathy Lantz:

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