



Bell Pepper Recipes: Only the Ultimate Guide to Healthy Mouthwatering Stuffed Peppers: The Essential Kitchen Series, Book 71

Heather Hope

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As a side or a main meal, there is nothing more delicious than the tangy flavor of a stuffed pepper. Use one of these recipes, bursting with flavor, for the perfect end to a busy day. They make for a scrumptious meal shared with friends or family. Having something new, something different, can create a sense of excitement around your meal, turning it into a social event. That's where The Essential Kitchen Series rides to the rescue with *Bell Pepper Recipes*, an astounding collection of pepper inspired recipes. They are destined to satisfy the most finicky eaters and please the most discerning of palates.

Learn to Master Pepper Inspired Dishes

Where do you start? A question easily answered in the first few minutes of this unique recipe book. Use it as a secret weapon, training yourself and advancing your techniques with each new recipe. Before you know it, you'll be turning 'blah' dishes into 'wow' creations. Have some fun, accept a challenge to try something new and delve in - your mouth with thank you later.

Here's a sample of the unique dishes you'll learn to create:

- Stuffed bell peppers
- Stuffed peppers
- Tuna and rice stuffed peppers
- Tex-Mex stuffed peppers
- Stuffed peppers with ham and rice
- Crockpot stuffed peppers with rice, black beans, and salsa

Don't Pass Up the Flavor

If you're toying with the thoughts of trying something new, grab this book as a wonderfully tasty introduction into cooking with an assortment of peppers.

It's your body; start treating it the way it deserves. Fuel your furnace with healthy, active ingredients that will extend your life and cleanse your system.

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Julianna Pepper:

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Bernice Capps:

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