



The Backpacker's Handbook, 4th Edition

Chris Townsend

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What you need to know before you hit the trails

Whether you are backpacking for the first time or a veteran follower of the trails, this enormously practical guide includes everything you need to know, from essential techniques such as map and compass work to the skills needed for more remote wilderness journeys. *The Backpacker's Handbook* also gives you the latest information on gear. You'll find the last word on:

- How to choose packs and footwear—and make sure they fit
- What clothing to take on the trail
- Tents, tarps, stoves, water purifiers, and other gear
- GPS, cell phones, and other electronic devices
- And much more

Reviews from previous editions

"The most up-to-date and comprehensive guide to equipment and technique available anywhere."

--Backpack (UK)

"A clear and comprehensive primer on backpacking gear. Townsend's knowledge is immense."

--Sierra

"Belongs in every bookcase dealing with outdoor topics. . . . Chockablock full of useful, practical, commonsense info. . . . If you tramp the outdoors, get this book."

—Maine Sportsman

"For those thinking of taking a backpack journey, *The Backpacker's Handbook* is required reading."

—Daily Local News (West Chester, PA)

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