



Seven Spoons: My Favorite Recipes for Any and Every Day

Tara O'Brady

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The much-anticipated debut from the author behind the popular food blog *Seven Spoons*, featuring distinctive, crowd-pleasing recipes; engaging, writerly essays; and the same stunning photography that has earned her website a devoted following.

Tara O'Brady was one of the earliest food bloggers to enter the scene, and now, nearly ten years after she first started *Seven Spoons*, she has become one of the most highly regarded and unique voices in the culinary arena. In her debut cookbook, *Seven Spoons*, O'Brady shares stories and recipes from her Canadian home--fresh, ingredient-driven food that is easy to make yet refined. Recipes like Roasted Carrots with Dukkah and Harissa Mayonnaise, Braised Beef Short Ribs with Gremolata, and Plum Macaroon Cake are wholesome, hearty, and showcase the myriad culinary influences at work in O'Brady's kitchen. Her evocative writing and gorgeously simple, elegant photography has earned her accolades from *Saveur* magazine, the *Daily Mail*, and more. Impeccable food photography and a lavish package round out this beautiful, personal collection.

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