



Never Turn Away: The Buddhist Path Beyond Hope and Fear

Rigdzin Shikpo

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A meditator's meditator, Rigdzin Shikpo (ne Michael Hookham) began the practice in the mid 1950s and eventually became a prominent student of several renowned Tibetan Buddhist teachers, including Chogyam Trungpa and Dilgo Khyentse Rinpoche. Over the years he has developed his own utterly unique style made of straight talk and sparkling, inspiring insights.

The title of this, his long-awaited new book, comes from the teachings Rigdzin Shikpo received from Trungpa Rinpoche, who said that we should always turn toward those things that scare us, open to them completely, and never turn away from them. This path of openness, clarity, and sensitivity is a hallmark of the Dzogchen tradition of Buddhist practice. Rigdzin Shikpo has lived its truth so deeply that his words shine with authenticity and freshness.

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