



And So to Bed: Style in the Bedroom

Joanna Copestick

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The idea of the bedroom as a retreat within the home is the inspiration for this stunning book. From rustic charm and urban minimalism to Eastern exoticism, *And So to Bed* explores the bedroom in all its variety, providing a creative and informed approach to choosing a bed, setting a mood, and getting a good night's sleep. Laden with sophisticated ideas for transforming bedrooms with bedding, lighting, and accessories, *And So to Bed* also features practical guidance on comfort and health, design and materials. Enhanced with 130 color photos of beds, bedrooms, and linens, this gorgeous book is complete with a brief history of the bed and its importance in literature and art. Interior design writer Joanna Copestick is the author of *The Family Home* and co-author of *Natural Decorating* and *Contemporary Decorating*.

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