



## **Affect Regulation and the Repair of the Self (Norton Series on Interpersonal Neurobiology)**

*Allan N. Schore*

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# **Affect Regulation and the Repair of the Self (Norton Series on Interpersonal Neurobiology)**

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This volume (one of two) is the first presentation of Schore's comprehensive theory in book form, as it has developed since 1994.

In 1994 Allan Schore published his groundbreaking book, *Affect Regulation and the Origin of the Self*, in which he integrated a large number of experimental and clinical studies from both the psychological and biological disciplines in order to construct an overarching model of social and emotional development. Since then he has expanded his regulation theory in more than two dozen articles and essays covering multiple disciplines, including neuroscience, psychiatry, psychoanalysis, developmental psychology, attachment, and trauma. *Affect Regulation and the Repair of the Self* contains chapters on neuropsychoanalysis and developmentally oriented psychotherapy. It is absolutely essential reading for all clinicians, researchers, and general readers interested in normal and abnormal human development.

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