



# Phytochemicals In Health And Disease (Oxidative Stress and Disease)

*ROGER FENWICK*

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Phytochemicals in Health and Disease describes the function, metabolism, and biological activities of selected phytochemicals and documents their role in the modulation of enzyme activity, adduct formation, and gene expression. It includes molecular evidence supporting theories that dietary phytochemicals have biological effects on cellular processes. With an emphasis on the importance of phytochemicals in disease prevention, this timely book examines ways in which compounds found in fruits, vegetables, teas, and spices may improve human health and play a role in the prevention of cancer, cardiovascular disease, and hypertension.



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