



# **Engaging Mirror Neurons to Inspire Connection and Social Emotional Development in Children and Teens on the Autism Spectrum: Theory into Practice through Drama Therapy**

*Lee R. Chasen*

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## **Engaging Mirror Neurons to Inspire Connection and Social Emotional Development in Children and Teens on the Autism Spectrum: Theory into Practice through Drama Therapy** Lee R. Chasen

The innovative drama therapy programme develops social skills in children and teens on the autism spectrum by looking to the mirror neuron system as the key to social connection and interaction.

Lee R. Chasen provides an accessible explanation of the approach's grounding in neuroscience, followed by a thirty-session program involving creative tools such as guided play, sociometry, puppetry, role-play, video modeling and improvisation. Scenarios drawn from his own practice provide useful insights into both the practicalities and positive results of this unique approach.

This ground-breaking book will be of interest to drama and creative arts therapists, as well as teachers, school psychologists, counsellors and other professionals who work with children on the autism spectrum.

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