



# **Praxis II Health Education (5551) Exam Flashcard Study System: Praxis II Test Practice Questions & Review for the Praxis II: Subject Assessments (Cards)**

*Praxis II Exam Secrets Test Prep Team*

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**\*\*\*Ace the Praxis II Health Education Exam and Get the Results You Deserve\*\*\*** The Praxis II Health Education exam is a challenging test and your results can make a huge difference when it comes to your future. If you do well on the exam, it can open doors and lead to wonderful opportunities. If you do poorly on the exam, you will find yourself with a lot fewer options. You may have to put your plans for the future on hold, or even give up on them altogether. Preparing for your exam with our ***Praxis II Health Education (5551) Exam Flashcard Study System*** can help you avoid this fate and give you a big advantage when you sit down to take the test. Thousands of satisfied customers have relied on Mometrix Flashcards to help them pass their exam, and now you can too. When you study with these flashcards, you'll get an in-depth review of each section on the Praxis II Health Education exam. **The Health Education as a Discipline section covers:**

- Stage-of-change approach to substance abuse treatment
- Valid, reliable online databases
- Publications and other resources for coordinated school health approaches
- Physical growth and development
- Continuing education

### **The Health Promotion and Prevention of Injury and Disease section covers:**

- Disease etiology
- Sarcomere hypertrophy
- Major muscles, locations and functions
- Health effects and risks from smoking tobacco
- Prescription drug abuse
- Emergency situations and guidelines for calling 911

### **The Healthy Relationships and Mental and Emotional Health section covers:**

- Murray Bowen's family systems theory and the nuclear family emotional system
- Big Five theory of personality traits
- Piaget's theory of cognitive development
- Assertiveness
- Taking care of ourselves to promote good mental and emotional health

### **The Community Health and Advocacy section covers:**

- Influencing public policy to improve community healthcare
- Basic characteristics, services, and types of community health centers
- National Health Education Standards
- Health educators serving as liaisons

### **The Health Education Pedagogy section covers:**

- Characteristics of Piaget's preoperational cognitive stage
- Statutory requirements for health education (HE) curriculum of each US state
- Characteristics, uses, and types of formative assessments
- Typical characteristics of a rubric

...and much more! We believe in delivering lots of value for your money, so the ***Praxis II Health Education (5551) Exam Flashcard Study System*** is packed with the critical information you'll need to master in order to ace the Praxis II Health Education exam. Study after study has shown that spaced repetition is the most effective form of learning, and nothing beats flashcards when it comes to making repetitive learning fun and fast. ***Praxis II Health Education (5551) Exam Flashcard Study System*** uses repetitive methods of study to teach you how to break apart and quickly solve difficult test questions on the test. Our flashcards enable you to study small, digestible bits of information that are easy to learn and give you exposure to the different question types and concepts. With our flashcards, you'll be able to study anywhere, whenever you have a few free minutes of time. Our company has helped thousands of people achieve their education goals. ***Praxis II Health Education (5551) Exam Flashcard Study System*** can help you get the results you deserve.

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