



# **The Instructions Of Gampopa: A Precious Garland Of The Supreme Path (Dream Flag Series)**

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## The Instructions Of Gampopa: A Precious Garland Of The Supreme Path (Dream Flag Series)

Gampopa

Khenpo Karthar Rinpoche delivers profound insights in direct and inspiring language. In this commentary on the *Precious Garland*, one of Gampopa's masterworks, he outlines what practitioners of varying levels need to know to perfect their spiritual practice. He instructs on the correct view, meditation, and conduct, and offers frank answers to common questions concerning obstacles to Dharma practice.

Gampopa (1070–1153) was the father of the Kagyu tradition and foremost student of Milarepa.

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