



Equally Shared Parenting: Rewriting the Rules for a New Generation of Parents

Marc Vachon, Amy Vachon

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This Is Parenting on Your Own Terms

Chances are, you'd rather not forfeit your happy, rested life the moment you become a parent. As a mom, you may want to keep your career, but aren't sure how to balance it with housework and childcare. As a dad, you probably want to witness your child's milestones, but a demanding job may get in the way. And what about time for yourself (never mind your sex life)?

Marc and Amy Vachon were determined to beat this scenario when their first child was born. They vowed to sidestep the world's expectations of new parents and create a parenthood model that worked for them. Their strategy was to share everything—the good and the bad. They became peers in each area of parenthood: childcare, housework, and breadwinning. They also made time for themselves, and for each other. They shared the burdens so nobody was overwhelmed, and the joys so neither missed out on the fun.

Drawing on Marc and Amy's experiences, as well as those of dozens of ESP couples, *Equally Shared Parenting* shows you how to create a balanced life that is rarely experienced by today's parents. It's not just about who vacuums and who does the dishes, or who brings in the paycheck and who tends to the kids. You'll learn how to look at every aspect of parenthood, money, careers, and your individual needs, so you can build a life that works for you *both*.



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George Gentry:

In this particular era which is the greater man or woman or who has ability to do something more are more special than other. Do you want to become considered one of it? It is just simple strategy to have that. What you should do is just spending your time little but quite enough to have a look at some books. One of many books in the top list in your reading list is Equally Shared Parenting: Rewriting the Rules for a New Generation of Parents. This book which is qualified as The Hungry Hills can get you closer in growing to be precious person. By looking right up and review this guide you can get many advantages.

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