



The HIV-Negative Gay Man: Developing Strategies for Survival and Emotional Well-Being

Steven Ball

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In *The HIV-Negative Gay Man: Developing Strategies for Survival and Emotional Well-Being*, you'll get instant access to some of the most recent information on the market today about remaining HIV-negative. You'll come in contact with a wealth of information concerning the psychosocial and psychosexual needs of HIV-negative gay men and discover strategies for staying uninfected and cultivating a meaningful way of life in the face of HIV/AIDS. Compiled by both professionals and peers, *The HIV-Negative Gay Man* goes to the front-lines of HIV prevention to help you understand the most beneficial and dependable ways of preserving the value of life and living it to the fullest. Radically reshaping and rehumanizing traditional HIV prevention efforts, these updated and personalized approaches will give you many individual strategies for survival in a world in which the link between sex and survival has been turned upside-down. You'll find new ways to expand and enrich your own coping repertoire as you explore these topics:

- how the HIV-negative gay man's complex emotional reactions change
- what peer groups can do when creating and experimenting with new identities and roles
- when group work needs to be short-term or long-term
- why a sex life vocabulary needs to be built
- where Latino Men can learn critical thinking about internalized homophobia and transgression survival mechanisms
- changing attitudes as a result of the development of protease inhibitors and new drug therapies in HIV prevention

In *The HIV-Negative Gay Man*, you'll find that the road to survival is a long one but a road that can be travelled and enjoyed if the right strategies are applied. This book is a "road map" for survival. In it, you'll meet many brave professionals who are currently fighting on the front lines of HIV prevention and coming forward to share their own personal stories of survival. In turn, you'll learn from them and eventually tell your own survival story to someone else along the way.



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