



Previvors: Facing the Breast Cancer Gene and Making Life-Changing Decisions

Dina Roth Port

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The first guide to all surgical and nonsurgical options for women with a high risk for breast cancer.

Advances in genetic testing and risk assessment have changed the face of medicine, but with them has come a Pandora's box of dilemmas. Imagine discovering you had a significant risk for developing breast cancer. What would you do?

Through the incredible true stories of five young friends, as well as interviews with more than seventy top breast cancer experts, health writer Dina Roth Port addresses the universal questions of women everywhere who have watched family members suffer from the disease and wondered, "Am I next?" Full of practical information, *Previvors* is the first comprehensive book to guide women through the difficult process of determining their risk, weighing the options, and coping with the emotions of deciding to undergo surgery. Readers will learn:

- The pros and cons of getting tested for the BRCA gene
- How to decide between surgical or nonsurgical options
- The latest research in breast cancer surveillance
- The advanced new world of breast reconstruction
- How to overcome body image and sex issues post-surgery, and more

From navigating health insurance coverage to finding the right medical team, *Previvors* is an invaluable resource for women facing decisions about their risk and future health.

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