



# Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia

*Jeffrey Alford, Naomi Duguid*

Download now

[Click here](#) if your download doesn't start automatically

# Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia

*Jeffrey Alford, Naomi Duguid*

## **Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia** Jeffrey Alford, Naomi Duguid

Luminous at dawn and dusk, the Mekong is a river road, a vibrant artery that defines a vast and fascinating region. Here, along the world's tenth largest river, which rises in Tibet and joins the sea in Vietnam, traditions mingle and exquisite food prevails.

Award-winning authors Jeffrey Alford and Naomi Duguid followed the river south, as it flows through the mountain gorges of southern China, to Burma and into Laos and Thailand. For a while the right bank of the river is in Thailand, but then it becomes solely Lao on its way to Cambodia. Only after three thousand miles does it finally enter Vietnam and then the South China Sea.

It was during their travels that Alford and Duguid—who ate traditional foods in villages and small towns and learned techniques and ingredients from cooks and market vendors—came to realize that the local cuisines, like those of the Mediterranean, share a distinctive culinary approach: Each cuisine balances, with grace and style, the regional flavor quartet of hot, sour, salty, and sweet. This book, aptly titled, is the result of their journeys.

Like Alford and Duguid's two previous works, *Flatbreads and Flavors* ("a certifiable publishing event"—*Vogue*) and *Seductions of Rice* ("simply stunning"—*The New York Times*), this book is a glorious combination of travel and taste, presenting enticing recipes in "an odyssey rich in travel anecdote" (*National Geographic Traveler*).

The book's more than 175 recipes for spicy salsas, welcoming soups, grilled meat salads, and exotic desserts are accompanied by evocative stories about places and people. The recipes and stories are gorgeously illustrated throughout with more than 150 full-color food and travel photographs.

In each chapter, from Salsas to Street Foods, Noodles to Desserts, dishes from different cuisines within the region appear side by side: A hearty Lao chicken soup is next to a Vietnamese ginger-chicken soup; a Thai vegetable stir-fry comes after spicy stir-fried potatoes from southwest China.

The book invites a flexible approach to cooking and eating, for dishes from different places can be happily served and eaten together: Thai Grilled Chicken with Hot and Sweet Dipping Sauce pairs beautifully with Vietnamese Green Papaya Salad and Lao sticky rice.

North Americans have come to love Southeast Asian food for its bright, fresh flavors. But beyond the dishes themselves, one of the most attractive aspects of Southeast Asian food is the life that surrounds it. In Southeast Asia, people eat for joy. The palate is wildly eclectic, proudly unrestrained. In *Hot, Sour, Salty, Sweet*, at last this great culinary region is celebrated with all the passion, color, and life that it deserves.

 [Download Hot Sour Salty Sweet: A Culinary Journey Through S ...pdf](#)

 [Read Online Hot Sour Salty Sweet: A Culinary Journey Through ...pdf](#)



## **Download and Read Free Online Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia Jeffrey Alford, Naomi Duguid**

---

### **From reader reviews:**

#### **Luba Jacobs:**

A lot of people always spent their very own free time to vacation as well as go to the outside with them household or their friend. Did you know? Many a lot of people spent these people free time just watching TV, or perhaps playing video games all day long. If you would like try to find a new activity that's look different you can read some sort of book. It is really fun in your case. If you enjoy the book you read you can spent 24 hours a day to reading a guide. The book Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia it doesn't matter what good to read. There are a lot of folks that recommended this book. They were enjoying reading this book. In the event you did not have enough space to deliver this book you can buy the actual e-book. You can m0ore effortlessly to read this book from a smart phone. The price is not to cover but this book has high quality.

#### **Consuelo Collier:**

Do you have something that you prefer such as book? The reserve lovers usually prefer to select book like comic, limited story and the biggest some may be novel. Now, why not attempting Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia that give your entertainment preference will be satisfied by simply reading this book. Reading routine all over the world can be said as the method for people to know world considerably better then how they react towards the world. It can't be mentioned constantly that reading habit only for the geeky man or woman but for all of you who wants to be success person. So , for all of you who want to start looking at as your good habit, you can pick Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia become your starter.

#### **Tonette Land:**

Your reading sixth sense will not betray you actually, why because this Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia guide written by well-known writer who really knows well how to make book that can be understand by anyone who have read the book. Written in good manner for you, dripping every ideas and producing skill only for eliminate your hunger then you still doubt Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia as good book not just by the cover but also from the content. This is one publication that can break don't assess book by its cover, so do you still needing yet another sixth sense to pick that!? Oh come on your examining sixth sense already said so why you have to listening to one more sixth sense.

#### **Katie Broadnax:**

As a pupil exactly feel bored for you to reading. If their teacher asked them to go to the library as well as to make summary for some book, they are complained. Just little students that has reading's soul or real their pastime. They just do what the instructor want, like asked to go to the library. They go to presently there but nothing reading significantly. Any students feel that examining is not important, boring along with can't see

colorful photos on there. Yeah, it is to become complicated. Book is very important for you personally. As we know that on this period, many ways to get whatever we want. Likewise word says, ways to reach Chinese's country. So , this Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia can make you truly feel more interested to read.

**Download and Read Online Hot Sour Salty Sweet: A Culinary  
Journey Through Southeast Asia Jeffrey Alford, Naomi Duguid  
#TWDFI9OL72M**

## **Read Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia by Jeffrey Alford, Naomi Duguid for online ebook**

Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia by Jeffrey Alford, Naomi Duguid Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia by Jeffrey Alford, Naomi Duguid books to read online.

### **Online Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia by Jeffrey Alford, Naomi Duguid ebook PDF download**

**Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia by Jeffrey Alford, Naomi Duguid Doc**

**Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia by Jeffrey Alford, Naomi Duguid Mobipocket**

**Hot Sour Salty Sweet: A Culinary Journey Through Southeast Asia by Jeffrey Alford, Naomi Duguid EPub**